

ASSEMBLY MANUAL

Ascend 4 Far Infrared Sauna



Pre-Assembly Checklist

Selecting a suitable location

For best results, please place your sauna on a flat level surface. Suitable locations could include the garage, bedroom, sunroom. The sauna can be placed on carpet, tiles, timber flooring or concrete.

For outdoor placement, the sauna must be installed in a covered area protected from direct rainfall. To maintain warranty coverage, the sauna must also be protected with one of our Australian-made sauna covers. Saunas placed outdoors without adequate protection are not covered by warranty.

Assembly Instructions

Assembly of the sauna will require 2 adults to complete. Please read through the instructions carefully before beginning the assembly process. Should you encounter any issues along the way, please contact us on free phone 1800 316 962 (Australia) or 0800 21 8020 (New Zealand)

1. Keep all liquids away from the sauna during the assembly process.
2. Install the sauna on a flat level surface.
3. Install the sauna in an area that is dry and protected from the weather.
4. Your sauna is a self-contained free standing unit and should not be built into any structure without consultation with Sun Stream Saunas.
5. Please maintain about 3cm clearance from the walls on all sides of the unit.

NB: Please exercise great care when handling the front wall assembly and glass door making sure they do not swing open and break whilst securing in place.

Assembly Video

Watch the assembly video below, or follow the step-by-step guide on the pages that follow. Instructions for assembling the movable bench are included on the final page.



Owners Manual

The Sun Stream Sauna Owner's Manual covers everything you need to safely operate and care for your infrared sauna, including recommended use, control settings, infrared intensity, Smart Mode, chromotherapy, Bluetooth audio, cleaning, maintenance, troubleshooting, accessories, and important safety information.

Tap the image to view the Owner's Manual.





Prepare the Sauna Floor

If you are assembling your sauna on a hard surface floor it is recommended that you apply the included adhesive felt to the bottom of the sauna floor.



Place the sauna Floor Base in the desired location. It is necessary to position the floor out from your walls for assembly and move the sauna following assembly.



PLEASE NOTE: It is important that the sauna floor is level. Checking with a large level is recommended. If the floor is not level, use the slip mats/packers provided or alternative packers to level the base.

Remove the temporary wooden blocks from each end of the floor heater.



Seat the back wall into the base.



Seat the left wall into the base & secure it using the latches on the back of the sauna.



Seat the right wall into the base & secure using the latches on the back of the sauna..



Seat the door panel into the base. Gently lift the front wall panel, push it firmly against the left and right wall, then lower it into place until it engages with the internal locking system. **NB: This action can be performed one side at a time.**



Install the door handle.



Position the roof and prop it open on the left & right side for the next step.



Connect the 12 volt wiring, ensure that both connectors are firmly snapped together, these provide power to the lighting and sound system.



Connect the 12 volt wiring on the opposite side, this powers the external LED lighting feature.



Drop and secure the roof panel.



Remove the heater guards from the back wall, this is necessary in order to install the sauna calf heaters and benches.



Install the left and right bench supports, securing each support to the timber beside the door using the supplied screws.



Install the right side calf heater and connect the two aviation connectors.



Power Supply Cord

Feed the main power supply cord in through the hole in back wall and insert in to the power supply box. DO NOT plug power cord into your wall outlet until all electrical connections are complete inside of the sauna.



Install the left side calf heater and plug it into the electrical power box.



Install the bench seats and connect the yellow ground wire on the left side before lowering it into place.



Reinstall the heater guards on the back wall.



Insert glass glazing strips on vertical edges if required using the wooden block provided.



Congratulations you are finished!



Option-L Movable Bench Assembly



Connect bench legs to the inside corners of the frames using supplied wood screws.

Ensure that the legs' ends are flush with the bottom edge of the frames



Attach the leg assembly to the bottom of the bench surface. Choose which surface of the bench you prefer to be the top and bottom.

